DO YOU RECEIVE SSI?

DON’T MISS OUT ON FOOD BENEFITS

CalFresh

Beginning June 1, 2019
SSI recipients may be eligible
for CalFresh Food benefits.

What is CalFresh Food?
CalFresh Food helps people with low-income buy the
nutritious food they need for good health. Recipients
can buy food at any grocery store or farmers market
that accepts EBT.

How do I know if I am eligible?
• Click, Call or Come in to your local county office.
  • Complete an application - on-line or in
    person
  • Complete an interview - by phone or in person
  • Provide proof of income and expenses,
    if needed.
• The county will determine your eligibility in 30 days
  or less.

Does CalFresh Food change my
SSI benefits?
There is NO CHANGE or reduction to SSI/SSP amounts.

Click GetCalFresh.org
or C4Yourself.com
to apply online

Call 1-866-323-1953
to request an application

Come in/find an office
at CalFreshFood.org

Application Assisters
in the community:

alliance
on aging

Catholic Charities
Diocese of Monterey
Providing Help. Creating Hope.